



4-H MUSIC PROJECT



Music is a versatile and diverse subject that allows individuals to express their emotions, celebrate, or participate as a recreational activity. Music can be listened to in person or on the radio. For those with an interest in personally performing, music can be sung or a musical instrument learned. In this project, youth may

- listen to and appreciate many styles and genres of music
- perform music by voice, or using one or more instruments
- read and compose music
- make an instrument

4-H THRIVE

Help youth:

Light Their Spark

A spark is something youth are passionate about; it really fires them up and gives them joy and energy. Help youth find how this project excites them.

Flex Their Brain

The brain grows stronger when we try new things and master new skills. Encourage youth effort and persistence to help them reach higher levels of success.

Reach Their Goals

Help youth use the GPS system to achieve their goals.

Goal Selection: Choose one meaningful, realistic, and demanding goal.

Pursue Strategies: Create a step-by-step plan to make daily choices that support your goal.

Shift Gears: Change strategies if you're having difficulties reaching your goal. Seek help from others. What are youth going to do when things get in their way?

Reflect

Ask project members how they can use their passion for this project to be more confident, competent, and caring. Discuss ways they can use their skills to make a contribution in the community, improve their character, or establish connections.

Starting Out *Beginner*

- Explore the different ways music can be made and appreciated.
- Identify and listen to different genres of music.
- Learn the names and sounds of musical instruments.
- Attend a concert or musical performance.
- Perform music for a small group.

Learning More *Intermediate*

- Challenge yourself by listening to music genres you do not often listen to.
- Learn the fundamentals of reading music.
- Practice identifying musical instruments by sound.
- Compare different arrangements of the same song, and identify what makes each unique.
- Arrange to perform music at a community event.

Exploring Depth *Advanced*

- Compose a short song of your own.
- Practice performing music by sight and ear.
- Expand your knowledge by exploring principles of music theory.
- Explore the history and cultures affiliated with musical instruments.
- Create a band or musical group and perform in a competition.

The activities above are ideas to inspire further project development. This is not a complete list.



Expand Your Experiences!

Civic Engagement

- Perform music at a senior center, school, or community gathering.
- Teach others about the benefits of music, music education, and musical performance.
- Volunteer to perform the national anthem at a community event.

Healthy Living

- Research music that assists with yoga and mindfulness activities.
- Learn the health benefits of music and musical performance.
- Identify the ways that music performance affects self-confidence.

Science, Technology, Engineering, and Mathematics

- Learn about the terms herz, mega herz, and decibel, and their relevance to measuring sound.
- Research how sounds waves influence your mood and brain.
- Create and share a video of your project performances.

Leadership

- Become a Junior or Teen Leader for a music project.
- Coordinate with your club's recreation officer to incorporate music into meetings.
- Organize a group outing to a concert or musical performance.

College and Career Readiness

- Explore college majors within the field of music, such as music performance or teaching.
- Job shadow a music teacher, musical performer, or other professional related to music.
- Research internships that are available in the music industry.

Resources

- Musictheory.net
<https://www.musictheory.net/>
- Free printable blank staff paper
www.blanksheetmusic.net/
- Music Websites for Kids from the Music Teachers National Association
https://www.mtna.org/MTNA/Learn/Parent_and_Student_Resources/Websites_for_Kids.aspx
- Music Teacher Resources from Teacher Vision
<https://www.teachervision.com/subjects/art-music-drama/music>

The UC 4-H Youth Development Program does not endorse, warrant, or otherwise take responsibility for the contents of unofficial sites.

Connections & Events

Presentation Days – Share what you've learned with others through a presentation.

Interview Contest – Practice interviewing for a job.

Field Days – At these events, 4-H members may participate in a variety of contests related to their project area.

Contact your UC Cooperative Extension office to determine additional opportunities available, such as a field day.

Curriculum

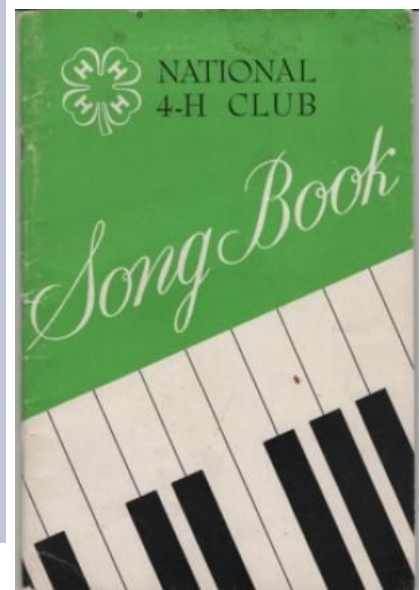
- Music Theory Made Easy for Kids (Levels 1–2)
<https://www.amazon.com/Theory-Made-Easy-Kids-Level/dp/9679856038/>
- Bruce Pearson Music Method Books
<https://www.brucepearsonmusic.com/method/enhanced/>

4-H Record Book

4-H Record Books give members an opportunity to record events and reflect on their experiences. For each project, members document their experiences, learning, and development.

4-H Record Books also teach members record management skills and encourage them to set goals and develop a plan to meet those goals.

To access the 4-H Record Book online, visit <http://ucanr.edu/orb/>.



University of California Agriculture and Natural Resources

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Website: http://ucanr.edu/sites/anrstaff/Diversity/Affirmative_Action/.

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